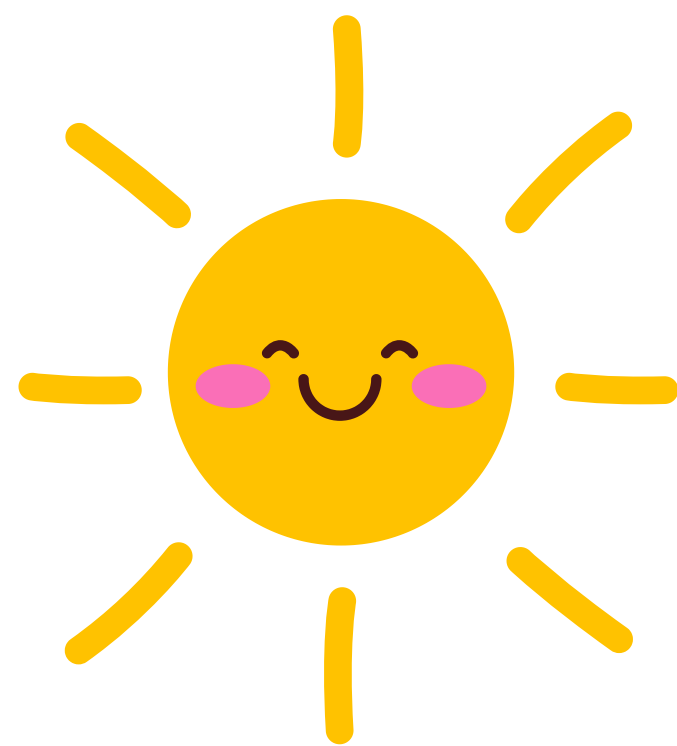


DRESSING FOR FOREST SCHOOL



WHAT TO WEAR IF ITS COLD AND WET?

- Waterproof coats
- Puddle suits (all-in-one waterproofs)
- Hat, scarf and gloves (waterproof if possible)
- Thermal top and leggings (base layers)
- Warm socks (to wear over regular socks under wellies or boots)
- Spare, named clothing including underwear
- Waterproof wellies or boots



WHAT IF IT'S WARM AND DRY?

- Long-sleeved top or light jacket
- Trousers (no shorts)
- Trainers or boots (no sandals or pumps)
- Sun hat
- Sun cream applied before school



At Pitmaston, we attend Forest School in all weather conditions, as long as it is safe to do so. It is important that children wear, or have available, suitable clothing to keep them warm, comfortable and dry.

