

DEALING WITH DISAPPOINTMENT & UNCERTAINTY

A 2-hour workshop for parents and carers, created by **thrive** 
delivered by our school Family Support Worker and Thrive Course Leader, Kelethe Pusharski



Would you like to learn more about how to support your child in managing feelings of disappointment?

Would you like to help them feel steady during times of uncertainty and worry?

tell me more

This short course aims to help you...

- ◇ understand how disappointment affects children
- ◇ recognise the impact of major routine changes or uncertainty on children
- ◇ learn strategies for preparing your child for disappointment: guide them in anticipation and preparing your own responses
- ◇ increase your awareness of your own needs and available resources

Dates for 2025/26 coming soon!

Please contact Kelethe for more information about the course or to sign up for one of the upcoming dates:

kpusharski@pitmaston.worcs.sch.uk

Numbers will be limited—places are offered on a first come first served basis.

SIGN UP

