



Would you like to learn more about **how your child's brain develops** during childhood? Do you struggle to **manage emotional outbursts** from your child?



WE ARE PLEASED TO SHARE THAT PITMASTON WILL AGAIN BE OFFERING THE SIX-WEEK 'FAMILY THRIVE' COURSE, CREATED BY THRIVE ESPECIALLY FOR PARENTS AND CARERS....

'FAMILY THRIVE'

tell me more



OVER 6 WEEKS YOU WILL BE INTRODUCED TO THE FUNDAMENTALS OF 'THRIVE' AND WILL LEARN HOW TO USE THIS APPROACH TO SUPPORT YOUR CHILD'S BEHAVIOUR

During the sessions you will learn more about:

- ◇ The 'Thrive Approach' and how it is used in school
- ◇ How our brains develop
- ◇ Understanding 'hooks', 'triggers' and early warning signs
- ◇ How creativity and play support your child's emotional development
- ◇ Strategies to support you when managing your child's big feelings



Dates for academic year 2025/26 coming soon!

The course is structured, but will take a formal approach – with lots of opportunity to interact with other parents, ask questions and discuss practical strategies to use with your child.

The course consists of six 2-hour sessions. Each session will be held in school, and will finish in time for you to collect your child/ren as normal at the end of the school day.

The course will be led by Kelethe Pusharski (Family Support Worker and Thrive Course Leader) and will be supported by some of our brilliant Thrive practitioners.

Numbers for the course will be limited so if you are interested please contact Kelethe directly, using the email below:



KPusharski@pitmaston.worcs.sch.uk



To find out more about Thrive visit www.thriveapproach.co.uk or take a look on our school website