



Physical Education at Pitmaston Primary School

Intent

PE at Pitmaston aims to motivate all pupils to foster a lifelong love of physical activity, whilst promoting the fundamental connection between physical and mental health. We offer a dynamic, stimulating and fully inclusive curriculum that inspires all pupils to lead a healthy, active lifestyle, and enables all children to flourish in a range of sports and physical activities. Respectable sporting behaviour, resilience and fair and honest competition will be consistently demonstrated, taught and encouraged, as individual sports people, team members and spectators. Another important aim of ours, is to provide children with the opportunity to be physically active for 60 minutes a day through initiatives such as Pitmaston's daily mile, active playtimes (dance zone, playground games and playground equipment) and after school clubs, in addition to our timetabled PE sessions.

In the Early Years and KS1, we aim to provide all children with the ability to develop key fundamentals in sport, such as: key motor skill development, balance, agility and co-ordination, and also provide children with the opportunity to apply these skills within a range of activities, preparing them for their progression to learning specific sports. Children will be provided with the opportunity to engage in competitive activities throughout these years, experiencing winning and losing, and therefore building their resilience within a variety of sports and physical activities.

In KS2, children will continue to apply the key fundamentals of sport, whilst developing a broader range of skills deriving from the wide variety of sports on offer. All children will be provided with the opportunity to play sports such as football, hockey, netball, rounders, dodgeball, TAG rugby, basketball, tennis; in a competitive environment. Through game-based learning, children will be taught about effective communication, team work, collaboration, tactics, set plays, rules and encouraged to be reflective, tactical and analytical of their performance, individually and as a team. Through gymnastics and dance, children will develop, and understand the need for, fitness, strength, flexibility and muscular development. All children will experience performing (individually and in a team), as well as learning routines and being provided with skills to choreograph their own routines.

Implementation

At Pitmaston, the acquisition of key PE knowledge and skills is an integral part of our PE lessons. Knowledge and skills progression ladders are in place, supporting staff to deliver progressive lessons that build on the children's prior disciplinary and substantive knowledge, and enable children to learn, retain and practise the important knowledge and skills that are relevant to a variety of sports and physical activities. The progression of knowledge and skills is developed throughout the year groups and encourages children to know more, do more and remember more.

Teachers create a positive attitude to PE, which promotes participation, team work, competition and commitment. Within P.E lessons, children will adopt different roles such as a performer, coach, umpire and leader and explore many different indoor and outdoor activities.

Our curriculum has been designed so that opportunities for retrieval of prior learning are embedded into lessons through key questions about the knowledge and skills previously taught. This ensures that whilst pupils continue to learn more, they are also remembering more and are able to draw parallels with other sports and activities. Lessons follow the structure of a warm up, skill-based activities, game-based learning and a conclusion to assess the skills and knowledge learned. Lessons also include opportunities for evaluation of their own and other's performance.

Impact

Our bespoke solo assessment identifies the skills that we anticipate children will gain by the end of each unit. Using this formative assessment approach, we are able to identify areas of the PE curriculum that children have achieved and exceed in, as well as areas where further development of skills are needed. This allows teachers to track the progress of their students and carefully plan and teach to address misconceptions, ensuring that children have the best opportunity to achieve age-related expectations in PE. Children at Pitmaston will enjoy sport and seek extra-curricular activities both in school and out of school, which we continue to track in order to identify key groups and individual children that we then target to increase their engagement physical activity.