

DEALING WITH DISAPPOINTMENT & UNCERTAINTY

A 2-hour workshop for parents/carers, created by **thrive** 
delivered by our school Family Support Worker, Kelethe Pusharski



Would you like to learn more about how to support your child in managing feelings of disappointment?

Would you like to help them feel steady during times of uncertainty and anxiety?

tell me more

This short course aims to give parents/carers:

- an insight into the impact that disappointments may have on your child
- awareness of the possible effects that significant routine changes or uncertainty may have on your child
- ideas for how to prepare your child for disappointment - helping them to anticipate, and you to respond
- a greater awareness of your own needs and resources

when?

Dates for academic year 2022/23 coming soon!!!



Please contact Kelethe for more information about the course or to sign up for one of the dates above:

KPusharski@pitmaston.worcs.sch.uk

Numbers will be limited, so places will be offered on a first come first served basis.

