



Would you like to learn more about **how your child's brain develops** during childhood? Do you struggle to **manage emotional outbursts** from your child?



AT PITMASTON WE ARE PLEASED TO OFFER 'FAMILY THRIVE',
A SIX WEEK COURSE CREATED BY THRIVE ,ESPECIALLY FOR PARENTS/CARERS

'FAMILY THRIVE'

Tell me more
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OVER 6 WEEKS YOU WILL BE INTRODUCED TO THE FUNDAMENTALS OF 'THRIVE' AND WILL LEARN HOW TO USE THIS APPROACH TO SUPPORT YOUR CHILD'S BEHAVIOUR

During the sessions you will learn more about:

- ◇ The 'Thrive Approach' and how it is used in school
- ◇ How our brains develop
- ◇ Understanding 'hooks', 'triggers' and early warning signs
- ◇ How creativity and play support your child's emotional development
- ◇ Strategies to support you in managing your child's big feelings



Dates for academic year 2022/23 coming soon!!!

The course consists of 6 two-hour long sessions, taking place during the school day. Sessions will be structured, yet informal, and will allow time to interact with other parent, ask questions and discuss practical strategies to use with your child.

Each session will be held in school, and will finish in time for you to collect your child/ren as normal at the end of the school day. Parents/carers would be expected to attend all 6 sessions

The course will be led by Kelethe Pusharski (Family Support Worker and approved Thrive Course Leader) and will be supported by some of our brilliant Thrive practitioners. Numbers for the course will be limited so if you are interested please contact Kelethe directly, using the email below:



KPusharski@pitmaston.worcs.sch.uk



To find out more about Thrive visit www.thriveapproach.co.uk or take a look on our school website